



Mr. Prasanta Kumar Mishra
Co-ordinator, SDTP

SELF DEFENCE TRAINING PROGRAMME (SDTP) OF GIRL STUDENTS

As per the Order of the Department of Higher Education, Govt. Of Odisha, Mathakaragola College has implemented the Self Defence Training Programme meant for Girls Students in the academic year 2013-14, As per the State Youth Policy both +2 and+3 Wings are included in this training programme. In the year, 2013-14, our Institution has successfully trained 240 no's of girl students in debut. In the year, 2014-15, our Institution has successfully trained 120 no's, 154 nos. of girl students in the year 2021-22 and in the year 2022-23, 184 no of girl students were empowered with self escape. Mr. Prasanta Kumar Mishra has been working as Programme Coordinator and Master Trainers are requisitioned from different colleges. This programme has a positive impact on society as it is the "Now-a-days needs" for providing dignified and fearless participation in the life style of girl Students as enjoyed by male society.

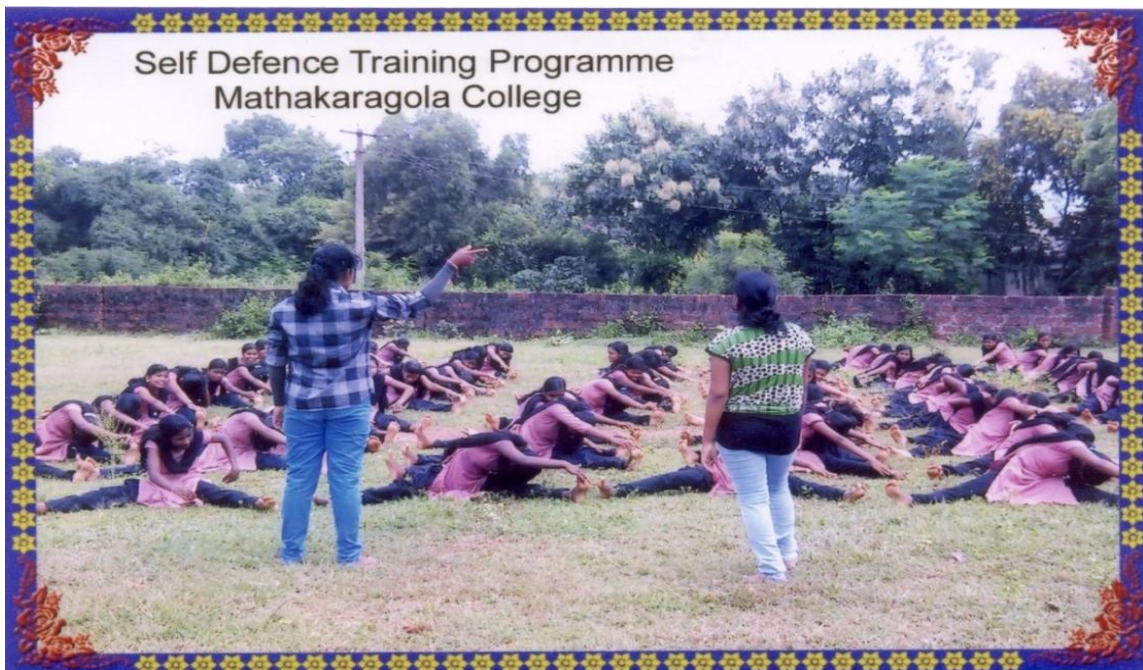






Objectives:

- To empower the girl students.
- To instill self-confidence.
- To make them able to defend against physical assault.
- Self defence training programme of Higher Education Department for girl student plays a catalytic role in this context and hence it needs to be planned meticulously and executed with great sensitivity.



Self Defence Committee:

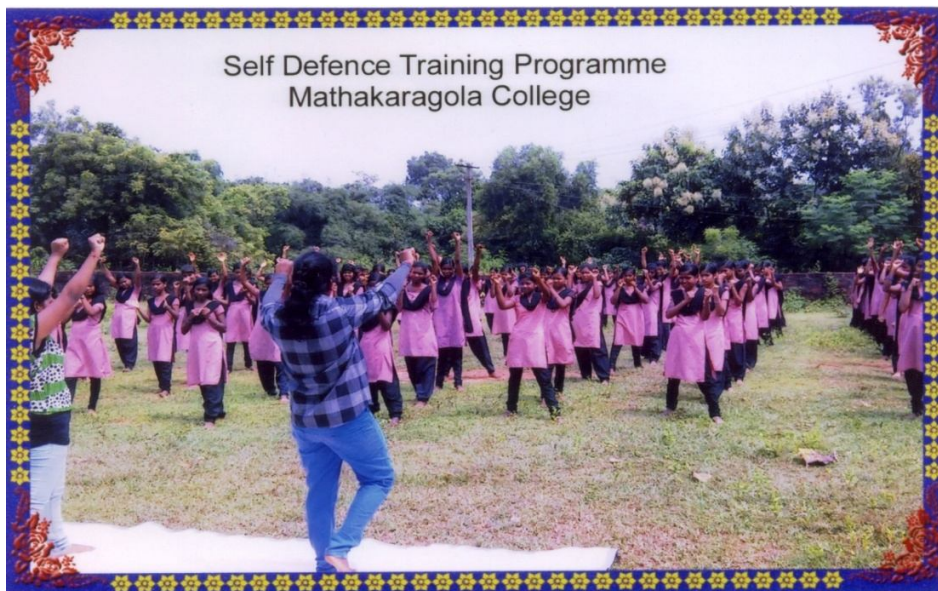
After careful observation of the instruction of Govt. In Higher Education Department and District level monitoring committee the college level committee for self defence Training

Programme of college girl students under the State youth policy 2013 is constituted as states below to undertake the various programmes.

- Mr. Chittaranjan Dash : Principal cum Chairman
- Mr. Prasaanta Kumar Mishra : YRC, Councillor and Member Convener
- Medical Officer I/C, : Member, CHC, Mathakaragola
- Mrs. Sabita Dehury : Member
- Mrs. Archita MahaMansingh : Member
- Mrs. Pramodini Parida : Member
- Mrs. Diptimayee Sahoo : Member
- Mrs. Sagarika Jena : Member
- Mr. Santosh Kumar Lenka : Member
- Mr. Fakir Mohan Lenka : Member
- Mr. Basudev Khuntia : Member

FUNCTIONS OF SELF DEFENCE COMMITTEE:

1. The committee will meet from time to time to monitor the Training Programme
2. The committee will contact and support the Trainees
3. The committee will give proper guidance from time to time
4. The committee will see the arrangement for smooth and successful conduct of Training
5. The committee will give suggestions and feedbacks, if required
6. The committee will suggest the measures to be undertaken for improvement of quality of the Training Programme.



“PREVENTION IS BETTER THAN CURE”